

# This Week's Menu

October 28–November 1



North Central Kansas  
Medical Center

Salina Regional Health Center

	Breakfast	Lunch
Monday	Egg Casserole, Sausage, Hash Browns, Biscuits & Gravy	Meatloaf, Chicken & Noodles, Mashed Potatoes, Corn
Tuesday	Egg Casserole, Ham, Hash Browns	Baked Chicken, Spaghetti, Mashed Potatoes, California Mix Vegetables
Wednesday	Eggs, Bacon, Hash Browns	Brisket, Pulled Pork, Au Gratin Potatoes, Baked Beans
Thursday	Egg & Cheese, Sausage, Hash Browns	Pasta Bake, Grilled Chicken Breast, Rice, French Fries, Country Style Vegetables
Friday	Biscuits & Gravy, Eggs, Sausage, Hash Browns	Pork Chops, BBQ Beef, Mashed Potatoes, French Fries, Peas