

This Week's Menu

November 18-22



North Central Kansas
Medical Center

Salina Regional Health Center

	Breakfast	Lunch
Monday	Eggs, Sausage, Hash Browns, Biscuits & Gravy	Beef & Noodles, Chicken Stir Fry, Mashed Potatoes, Rice, Corn
Tuesday	Eggs & Cheese, Ham, Hash Browns	Chicken Fried Chicken, Chili & Cinnamon Rolls, Mashed Potatoes, Country Vegetables
Wednesday	Eggs, Bacon, Hash Browns	Bacon Cheeseburger, Sweet & Sour Pork, French Fries, Baked Beans
Thursday	Egg Casserole, Sausage, Hash Browns	Pork Cutlet, Chicken Pot Pie, Mashed Potatoes, California Mix Veggies
Friday	Biscuits & Gravy, Eggs, Sausage, Hash Browns	Grilled Cheese, Chicken Strip Basket, French Fries, Peas, Tomato Soup