

This Week's Menu

August 11-15



North Central Kansas
Medical Center

Salina Regional Health Center

	Breakfast	Lunch
Monday	Egg Casserole, Sausage, Hash Browns, Biscuits & Gravy	Chili Frito Pie, Pork Fritter, French Fries, Green Beans
Tuesday	Eggs & Cheese, Ham, Hash Browns	Taco Bar
Wednesday	Eggs, Bacon, Hash Browns	Hot Beef, Apricot Pork Loin, Mashed Potatoes, Corn
Thursday	Egg Casserole, Sausage, Hash Browns	Baked Chicken, BBQ Beef, Mashed Potatoes, French Fries, Carrots
Friday	Biscuits & Gravy, Sausage, Eggs, Hash Browns	Scalloped Potatoes & Ham, Country Fried Steak, Mashed Potatoes, Country Vegetables