

This Week's Menu

November 17- November 21



North Central Kansas
Medical Center

Salina Regional Health Center

	Breakfast	Lunch
Monday	Egg Casserole, Sausage, Hash Browns, Biscuits & Gravy	BBQ Meatballs, Sweet & Sour Chicken, Au Gratin Potatoes, Rice, Pacific Blend Vegetables
Tuesday	Eggs & Cheese, Ham, Hash Browns	Pasta Bar
Wednesday	Eggs, Bacon, Hash Browns	Chicken Fried Chicken, Pork Fritter, Mashed Potatoes, French Fries, Carrots
Thursday	Egg Casserole, Sausage, Hash Browns	Beef Stir Fry, Chicken Broccoli Casserole, Rice, Corn
Friday	Eggs, Sausage, Hash Browns, Biscuits & Gravy	Bierock Casserole, Grilled Cheese, French Fries, Green Beans, Tomato Soup