

This Week's Menu

January 5-9



North Central Kansas
Medical Center

Salina Regional Health Center

	Breakfast	Lunch
Monday	Eggs & Cheese, Sausage, Hash Browns, Biscuits & Gravy	Meatloaf, Chicken & Noodles, Mashed Potatoes, Corn
Tuesday	Egg Casserole, Ham, Hash Browns	BBQ Ribs, Hot Beef, Potatoes Au Gratin, Mashed Potatoes, Baked Beans
Wednesday	Eggs, Bacon, Hash Browns	Bacon Cheese Burger, Polish Sausage, French Fries, Green Beans
Thursday	Egg Casserole, Sausage, Hash Browns	Chili Frito Pie, Sweet & Sour Pork, French Fries, Broccoli
Friday	Biscuits & Gravy, Sausage, Eggs, Hash Browns	Chicken Strip Basket, BBQ Beef, French Fries, Carrots