



CLOUD COUNTY
Community Health
Improvement Plan
2022 - 2025

Community Health Needs Assessment Committee

Cloud County Community Health Improvement Plan 2022-2025

Introduction

On April 28, 2022, the Community Health Needs Assessment Committee met and discussed ways to involve the community in addressing the most important health needs of Cloud County. The group decided to survey the community, asking for their input on priority of the following areas:

- Obesity
- Depression/Mental Health
- Diabetes
- Heart Disease
- Tobacco Use Including vaping and chewing
- Stroke
- Trauma/Falls
- Hypertension (high blood pressure)
- High cholesterol
- Substance Abuse
- Transportation to Medical Services

The survey was launched through all forms of media for a period of six weeks. Posters included a QR code for online access. Printed surveys were also made available in several public places.

118 surveys were received and tabulated. The Community Health Needs Assessment Committee met in July to review the results and discuss an implementation plan. The Committee consists of 25 members from various organizations in the community.

The Federal Patient Protection and Affordable Care Act (PPACA) requires that tax-exempt hospitals complete this assessment (CHNA) once every three years and then adopt a written strategy to be called here the Cloud County Community Health Improvement Plan (CHIP). County Health Departments are also required to use the CHIP in their program planning efforts.

Cloud County Health Center (CCHC) is required to formally adopt the CHIP within the current tax year that the CHIP was completed. It is then expected to monitor this plan and develop an annual report on its progress.

This Plan addresses priority need areas identified by the CHNA Committee. This plan covers the next three years until a new or revised CHIP is developed as required. It details specific tasks to be completed, how these tasks will be measured, who will be responsible for completing the identified tasks, and target dates for completion of each task.

**Cloud County Community Health Implementation Plan
2022 – 2025**

Priority #1: Provide Opportunities to Stabilize Mental Health				
Task	Target Date	Organization	Resources Required	Measurement / Outcomes
Have a booth at the annual Health Fair and provide info on mental health. Try to include mental health awareness booth at area events such as Comm. Baby Shower, Fall Fest, Clyde Watermelon Festival, Miltonvale Tootiefest, Glasco Fun Day, events at the Broadway Plaza.	Annually in the fall	Pawnee Mental Health & other counseling services	Staff Time	Monitor state data.
Publicize new hotline number for suicide prevention. Provide info in schools, libraries, hospital, major employers, ag industry companies	November 2022 and ongoing	Pawnee Mental Health, CCHC, Health Dept. and others	Media Time, Newspaper space, social media	Data from state shows decrease in suicides
Develop more access to telehealth .	June 2023	Pawnee, CCHC, Libraries, Health Dept., Schools	Funds for computer & internet access.	Increase in individuals utilizing telehealth

**Priority #2: Provide Ways to Decrease Obesity in the Community and Include Education of Health Issues
Leading to Obesity**

Task	Target Date	Organization	Resources Required	Measurement / Outcomes
Start Weight Watchers program. Promote TOPS program already in progress.	Jan. 2023 & ongoing	CCHC, Health Dept.	Funds to start the program	State data indicates decrease in obesity in Cloud County
Offer Community Classes on weight management	Jan. 2023	CCHC, Health Dept., Comm. Resource Ctr. Sisters of St. Joseph	Staff time	Numbers of individuals participating
Stay Strong program	Jan/Feb 2023	K-State Extension	Staff time	Pre and post fitness assessments used to determine if flexibility and balance has improved. Pre and post surveys used to determine if/to what degree knowledge has increased and if/to what degree behavior has changed.
Stepping On – classes to help prevent falls/trauma	Nov. 2022	CCHC	Staff time	Reduction of falls by class participants.
Encourage increased activity through developing bike trails, walking trails, community walks/runs and use of workout facilities.	April 2022 & ongoing	CCHC, Health Dept., City, Schools, and all CHNA participants	Possibly funds for some trails. Staff Time.	More participants noted in walks/runs and other such events.

Priority #3: Develop Ways to Decrease Substance Abuse and Tobacco Use				
Task	Target Date	Organization	Resources Required	Measurement / Outcomes
Promote Great American Smokeout	Nov. 2022 and annually	CCHC, Health Dept. and other organizations in CHNA Committee	Staff Time Funds for media Funds for prizes	Number of individuals signed up for the Smokeout & number completing.
Utilize health fairs to publicize dangers of substance abuse.	Nov. 2023	CCHC & organizations in CHNA	Staff Funds for publicity	

**Community Health Needs Assessment Committee
Cloud County, Kansas
September 30, 2022**

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Cloud County Commissioner

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