

This Week's Menu

October 5-9



North Central Kansas
Medical Center
Salina Regional Health Center

	Breakfast	Lunch
Monday	Egg Casserole, Sausage, Hash Browns, Biscuits & Gravy	Smothered Pork Chop, Chicken Alfredo, Mashed Potatoes, Peas & Carrots
Tuesday	Eggs & Cheese, Ham, Hash Browns	Pulled Pork, Lemon Pepper Chicken, Mashed Potatoes, French Fries, Corn
Wednesday	Eggs, Bacon, Hash Browns	Pasta Bar
Thursday	Egg Casserole, Sausage, Hash Browns	Sweet & Sour Chicken, BBQ Beef, Rice, French Fries, Carrots
Friday	Biscuits & Gravy, Sausage, Eggs, Hash Browns	Patty Melt, Chicken Patty, French Fries, Green Beans