

# This Week's Menu

September 18-September 22



North Central Kansas  
Medical Center

Salina Regional Health Center

	Breakfast	Lunch
Monday	Eggs & Cheese, Sausage, Hash Brown	Meatloaf, King Ranch Casserole, Mashed Potatoes, Baked Beans
Tuesday	Eggs, Ham, Hash Browns	Roast Beef, Lemon Pepper Chicken, Mashed Potatoes, Glazed Carrots
Wednesday	Eggs & Cheese, Bacon, Hash Brown,	Apricot Pork Loin, Chicken Stir Fry, Au Gratin Potatoes, Rice, Corn
Thursday	Eggs, Sausage, Hash Brown	Pizza, Sweet & Sour Pork, Rice, Green Beans
Friday	Biscuits & Gravy, Sausage, Eggs, Hash Brown	Polish Sausage, Beef Stew, French Fries, Peas